

SHEENAM

#299B, Sunny Enclave, sector 124, Kharar District -Mohali (PUNJAB) - 140301

Email:chugsheenam@gmail.com **Phone: (M)** +91-8968423901

Seeking a career that promises growth across all frontiers – personal and professional; and utilizes my knowledge and analytical skills for solving problems of Health & Beauty and its impact; thereby adding the healthy growth of Organization & Self.

Professional Background

- **LABOURNET SERVICES INDIA PRIVATE LIMITED**

November 2014 – January 2022 - Joined as Professional Trainer and mainly involved in teaching and training of students of Level 1 to Level 4 at Govt. Senior Secondary School, Ghumiara (Dist. Muktsar); at Govt. Senior Secondary School, Bazidpur (Dist. Ferozepur) and at Govt. Senior Secondary School, Rattewal (Dist. Shaheed Bhagat Singh Nagar) in the subject of Beauty and Wellness.

Profile & Responsibilities:

- Teach Class of 40-45 of 9th, 10th, 10+1 & 10+2 grade students.
- Adapt practical approach for teaching by making them spend time at Lab.
- Arranging seminars of professionals in the school.
- Taking students to various salons for practical experience.

- Supervise students' behaviour during class and recess.
- Attend professional development conference and workshops.

Technical Proficiency

- Certified Trainer of NSQF Level – 4 (Beauty Therapist) under National Skill Development Corporation
- Proficiency in Computer
- Training at Stylish Beauty Salon, Ferozepur as Esthetician (June 2013 - May 2014)
- Internship at Khanna Nursing Home, Ferozepur in Laser Treatments (May 2014 - July 2014)

Other Achievements

- Participated in UGC Sponsored National Seminar '*Holistic Approach to Yoga*'
- Participated in UGC Sponsored National Seminar '*Emerging trends in Health, Beauty and Fashion*'.
- Attended Saundarya Seminar by celebrity make up artist **Anurag Vardhan Jaiswal**.
- Participated in UGC Sponsored National Seminar '*Cosmetology : The Incredible World*'

Non-Technical Proficiency

- Stability to adapt easily to different work environment.
- Able to work independently or in a team environment.
- Determined and dedicated towards goals.
- Ability to stay calm under pressure

Academia

Academic Qualification	Year of Passing	Institute	Board/University	%
M.Sc.	2014	Dev Samaj Girls College, Ferozepur	Panjab University, Chandigarh	73
B.A.	2012	Dev Samaj Girls College, Ferozepur	Panjab University, Chandigarh	62
Class 12th	2009	Dev Samaj Girls Senior Secondary School, Ferozepur	P.S.E.B., Mohali	60
Class 10th	2007	Arun Jyoti Model Senior Secondary School, Ferozepur	P.S.E.B., Mohali	74

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HOBBIES

- Communicating with people.
- Travelling
- Internet surfing
- Listening Music

Personal Information

Father,s Name:Sh. Satish Kumar

Date of Birth: 24th July, 1991

Languages Known: English, Hindi & Punjabi

Permanent Address:House No. 4/23, Peeran Wala Mohalla, Inside Delhi Gate, Ferozepur City - 152001

Correspondence Address:House No. 73, Second Floor, Sunny Enclave, Sector – 125, Mohali - 140301

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I hereby declare that the above given information is true to the best of my knowledge.

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