

**MONALI K S**

Kudlur, Kushalnagar
Somwarpet Taluk,
Kodagu District - 571234
Mobile: 8197302173
Email: monalisundareshk28@gmail.com

Career Objectives:

Seeking a challenging position in a reputed organization where I can learn new skills, expand my knowledge, and leverage my learnings.

Educational Qualification:**Master Of Science (M.sc.), Food Science and Nutrition**

University of Mysuru
Yuvaraja's College Mysuru
2020 – 2022
Percentage: (cgpa) 7.86

B.sc. (CZF – Chemistry, Zoology, Food Science and Nutrition)

University Of Mysuru
Maharani's Science College for Women Mysuru
2017 – 2020
Percentage: 59.11%

XII Class

Alva's Pre – University College, Moodbidri
State Board
2015 – 2017
Percentage: 64%

X Class

Shanthinikethan School, Kodagarahalli, Kodagu
State Board
Year of Passing: 2015
Percentage: 71.84%

Certification:

- Participated in one day seminar conducted as a part of **NATIONAL WORKSHOP 2022** (For Better Health Fruits and Vegetables) organized by Department of Food Science and Nutrition, Yuvaraja's College Mysuru on 5th March 2022.
- Participated in one day seminar conducted as a part of **WORLD HEALTH DAY 2022** (Our Planet Our Health) Organized by Department of Food Science and Nutrition, Yuvaraja's College Mysuru on 21st April 2022.
- Participated in 3 days conference of 14th **Kannada Vignyana sammelana** from 8-9-2022 to 10-9-2022 at Manasa Gangotri Mysuru.

Skills:

- Food Processing
- Quality Control
- Sensory Evaluation
- Food Safety
- Record Keeping
- Kitchen Safety
- Able to maintain work area neat and organized
- Clinical Nutrition
- Diet Counselling
- Positive and work independently
- Good Communication Skills
- Problem Solving Skills
- Work Independently
- Leadership skill

Review:

On *Plectranthus amboinicus* (Doddapatre) : Nutritional Composition, Processing and It's Health Benefits.

Extra – Curricular Activity:

Nutritional assessment camps

I had taken a role in many nutritional assessment camps by assessing the nutritional status of various people, which were conducted by the Department of Food Science and Nutrition at Yuvaraja's College in and around the region of Mysuru.

Food Adulteration Camp

I had taken a role in food adulteration camp by giving awareness to people about the food adulteration, which was conducted by the Department of Food Science and Nutrition at Yuvaraja's College in and around the region of Mysuru.

Experience:

Worked as **Business Development Manager** in **Japri Foods**

Computer Knowledge:

- MS Word
- Power Point
- Excel
- Google Spreadsheets

Tools:

- Canva
- Phantombuster AI Tool (To scrape data)

E mail Campaign/ Whatsapp Campaign:

- Sendinblue
- Mailchimp
- Online Platform Works:
(Amazon, Flipkart, Meesho , Swiggy mini, India mart etc)

Personal Information:

Name	: Monali K S
Mothers Name	: Susheela K S
Father's Name	: Sundaresh K H
Date of Birth	: 28/12/1999
Nationality	: Indian
Religion	: Hindu
Marital Status	: Unmarried
Sex	: Female
Languages Known	: English, Kannada.
Hobbies	: Gardening, Drawing, Cooking.

Declaration:

I hereby declare that the above information is true and correct to the best of my knowledge and belief.

Date:

Place:

MONALI K S