

S GAYATHRI

CLINICAL NUTRITIONIST

+91 9952030325 | gayu.devi.akka@gmail.com | Adyar, Chennai, TN, IN

Objective

A professional and determined clinical nutritionist with keen interest in clinical practice, academics and research.

Education

AISSCE, KENDRIYA VIDYALAYA CLRI, CHENNAI	2017-2018
B.Sc Clinical Nutrition and Dietetics, SDNB VAISHNAV COLLEGE	2018-2021
M.Sc Clinical Nutrition, MMM COLLEGE OF HEALTH SCIENCES	2021-2024

Experience

Interndhip Trainee For Space Nutrition ASTRO RESEARCH SOCIETY, ANDHRA PRADESH	May 2021-June 2021
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Dietary Intern TAMILNADU GOVT. MULTI SUPER SPECIALITY HOSPITAL, CHENNAI	Nov 2023-May 2024
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Publications

April, 2023: Adaptability Of Hydration Guidelines Of RDA As Given By NIN in College Girls
Indian Journal Of Current Science

July, 2022: A Review Analysis On The Effectivity Of Mediterranean Diet In The Prevention
And Management Of Diabetes Mellitus
Indian Journal Of Current Science

THESIS: A SUPPLEMENTATION STUDY AMONG GIRLS WITH IRREGULAR MENSTRUATION USING
NUTRACEUTICALS

Achievements

Sep, 2023: Certification on Phlebotomy, Indian Association of Basic and Parmedical Sciences

July, 2022: First prize - Paper presentation, MMM CHS

June, 2020: Food Allergy Online Training, Food Standards Agency, UK

April, 2020: NPTEL Certification - Cognitive Psychology, IIT Guwahati

Mar, 2020: NPTEL Certification - Human Behaviour, IIT Guwahati

Nov, 2019 : NPTEL Certification - Consumer Behaviour, Welingkar Institute of Management

Mar 2019: NPTEL Certification - Health Research Fundamentals, NIE-ICMR Chennai

Oct, 2018 - NPTEL Certification - Dairy food process and products technology, IIT Kharagpur

Skills & Abilities

- Meal Planning, Recipe Development And Healthy Diet Promotion
- Interpersonal Skills And Personalized Consultations
- Nutritional Assements And Health Screening
- Protocol Development, Data Analysis And Project Management
- Conducting Seminars, Health Camps And Rural Outreach Programmes
- Communication Skills - Languages Known Are Tamil, English, Hindi, Malayalam And Sanskrit