

HRIEMLALMUON

Phone- +91 9612401293

E-mail- hlmuon4374@gmail.com

[linkedin.com/in/hriemlalmuon/](https://www.linkedin.com/in/hriemlalmuon/)

CAREER SUMMARY,

Military Services with over 17th years of experience with strong motivation and desire to ensure safety and security of civilians and properties. Trained expert at identifying safety and security issues. I am also a certified army in handling arms and equipment, carrying out operations against insurgency and terrorism and will be able to deal with situation both peaceful and unpeaceful. Seeking to leverage experience and skills in Civilian Law Enforcement.

Experience

2020-08 – 2022-09 SOLDIER GD (JAMMU & KASHMIR)

- Checking visitors in and out, answering and making phone calls.
- Armed security guard at day and night and security gate attendant.
- Patrolling by foot and vehicles, performing security checks of passengers, response to emergency situations and crisis.
- Surveillance mission to detect, locate, identify and monitor changes in the enemy resources.

2018-02 – 2020-08 SOLDIER GD (JAMMU & KASHMIR)

- Carrying out Operations against Insurgency and Terrorism in the states of Jammu & Kashmir.
- Involve in providing humanitarian assistance and disaster relief during natural calamities and emergencies.
- Emphasis on the welfare and development of the local population in the area where it operates.
- Enforce regulations to maintain order and resolve conflict activities.

2015-05 – 2017-08 OFFICE ASSISTANCE (ASSAM)

- Using basic office equipment like faxes and scanner.
- Ensure safety and emergency procedure are followed.

- Preparing correspondence and reports, verifying data.
- Correcting errors, reviewing records, updating automated systems and providing training and advice.

2011-03 – 2014-02 PHYSICAL TRAINING INSTRUCTOR

- Physical Training Instructor and have trained many batches who are newly recruited in the Indian Army.
- Provides new recruits with fitness and nutrition resources.
- Demonstrate exercises, fitness routine, or techniques.
- Modify exercises to suit new recruit fitness level.
- Implement safety and injury prevention policies.
- Ensure gym equipment is operational and safe to use.
- Planned and lead exercise sessions.
- Military Combat training and prepare physically and mentally fit.

SKILLS

- Physically and mentally fit.
- Good leadership.
- Law Enforcement and Public Safety.
- Firearms Safety and Handling.
- Security and Surveillance Operations.
- Emergency planning and response.
- Team Development.
- Basic knowledge of First Aid and CPR.
- Calm and controlled in any situation that arises.
- Good network with other security guard.

EDUCATION

2015-2016 National Institute of Open School (Higher Secondary school)

CERTIFICATES

- Security Training Certificate
- Physical Training Certificate
- Appreciation Certificate by Lt Gen MV Suchindra Kumar
- Appreciation Certificate by Maj Gen PS Behl