

# Samruddhi Sachin Burse

Mumbai, Maharashtra

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## OBJECTIVE

Passionate and experienced nutritionist with proven track record of helping clients to achieve their nutritional goals and manage their health by conducting detailed nutrition consultations and creating personalized meal plans.

## EDUCATION —

**SNDT College of Home Science, Pune, Maharashtra.**

**Masters of Science in Nutrition and Food Processing.**  
2020-2022

- Graduated with 'O' grade with 9.21 GPA.
- Presented thesis on Development and Study of Physio-Chemical and Sensory Qualities of Gluten Free Mix Seed Crackers.
- Developed New Product- Multi-Millet Beetroot Dosa Mix along with packaging.

## EXPERIENCE

7/22- Present

**Dietitian • VLCC**

- Conducted personalized nutritional assessments.
- Develop individualized diet plans according to client's needs and goal.
- Monitor client's progress.
- Educate clients on healthy eating habits, portion control and food selections.

02/22-03/22

**Plant trainee QC lab and processing • Intern • Galaxy Cloud Kitchen.**

- Quality checking of Products.
- Observing the processing of food'
- Microbial, Chemical and sensory analysis,
- Research and development.

5/21-11/21

**Campus Ambassador and content development • Intern • FoodYarri**

- Content writing,
- Program/ Seminar organization.

6/20-9/20

**Nutritionist • Intern • Revival Nutri Spirit.**

- Made nutritional awareness videos.
- Writing and managing for social media accounts.

**SNDT College Of Home  
Science, Matunga,  
Maharashtra.**

**Bachelor's of Science in  
Food Science and  
Nutrition.**

2018-2020

- Graduated with 'A' grade with 7.52 GPA.
- Completed Dissertation on Gluten Free Diet: Imprudent Dietary Advice for General Population.
- Developed New Product- Sugar Free, Gum Ice-Cream for diabetes and Lactating Women.

**Dr. BMN College of  
Home Science, Matunga,  
Mumbai.**

2017-2019

Diploma in Physical  
Fitness and Weight  
Management.

11/19-12/19

**Plant trainee QC lab and processing • Intern •  
GOOD-DAY FOODS PVT LTD.**

During this internship programme I gained training as working professional in the quality control i.e.

- Production of products,
- Chemical and microbial testing,
- Sensory evaluation.

#### CERTIFICATES -

1. Certified Diabetes Educator- National Diabetes Educator Program.
2. Beverage Production And Marketing- Nitty-Gritty's.
3. Food Fortification- ICMR- National Institute of Nutrition.

#### KEY SKILLS -

Diet Counseling  
New Product Development  
Research and Development  
Food Analysis  
Team Management

#### LANGUAGE -

English  
Hindi  
Marathi