

Nagajyothika P

Dietitian

Contact



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SKILLS

Soft Skills

Leadership | Teamwork | Quality Control |
Self-motivated | Creativity

Technical Skills

Menu development | Nutrition needs
assessment | Nutrition Education | Nutrition
Counselling | Diet Modification

LANGUAGES

English | Tamil | Telugu

SUMMARY

Knowledgeable Clinical Dietitian with 6 months as dietitian and educating patients and families, monitoring patient nutrition and managing physician-ordered diets. Demonstrated success in collaborating with clinicians to optimize patient plans. Thrive in challenging, fast-paced settings when managing multiple tasks and working with various patients.

EDUCATION

Jun 2017 -
Apr 2020

**B.Sc :Nutrition,Food Service
Management and Dietitics**
Prof.Dhanapalan college of arts
and science

Nov 2020 -
Nov 2022

M.Sc Clinical Nutrition
MMM college of Health science

INTERNSHIP

Jan 2023 -
Jul 2023

Intern Dietitian
Madras Medical Mission, Chennai

- Developed nutrition plans addressing individual patient conditions, including diabetes and food allergies.
- Assisted patients clients with meal plan development, addressing individualized dietary requirements.
- Completed detailed nutritional assessments of each patient based on health history, medical conditions and energy requirements.

Sep 2022 -
Sep 2022

Intern dietitian
PIMS, Pondicherry

Intern
Dr.Mohan's Diabetes specialities centre,
chennai