

Orthopaedic Surgeon

I am a surgeon who is committed to providing quality, compassionate care to patients with 9 years of post-graduation experience. I have worked as an independent Orthopaedic surgeon, performing most orthopaedic trauma surgeries and arthroscopic and arthroplasty procedures including robotic joint replacements. Apart from my professional skills, I am a well-organized individual with good people management skills

Career Experience

Consultant Orthopedic Surgeon at Health City Cayman Islands, Grand Cayman

March 2025 — Present

- independent OPDs,
- Perform trauma surgeries and arthroplasty procedures (robotic and conventional) independently .
- Deliver quality, compassionate care to patients in orthopedic settings.
- Conduct thorough diagnoses and implement effective treatment plans.
- Collaborate with multidisciplinary teams to enhance patient outcomes.
- Educate patients on injury prevention and rehabilitation strategies.

Junior Orthopaedic Consultant at Health City Cayman Islands, Grand Cayman

November 2023 — February 2025

handling OPD, inpatients and emergency patients.

Create treatment plans.

Collaborating with other department for comprehensive management of patients

Assist and perform orthopedic surgeries.

Orthopaedic Specialist at Manipal Hospital, Bengaluru , India

May 2023 — November 2023

Evaluating patients in OPDs,

Managing In patients and Triage.

Documentation of patients clinical findings and progress.

creating treatment plans

Assisting and performing orthopedic surgeries (trauma , Replacements and arthroscopy)

Orthopaedic Registrar at Health City Cayman Islands, Grand Cayman

December 2020 — May 2023

handling OPD, inpatients, and emergency patients.

Create treatment plans.

Assist and perform orthopedic surgeries.

Handling regular academic classes

involved in preparing medical research articles

Orthopaedic Registrar at Manipal Hospital

November 2018 – October 2020

evaluating patients in OPDs, patients, and triage.

Documentation of patients clinical findings and progress.

creating treatment plans

Assisting and performing orthopedic surgeries (trauma , Replacements and arthroscopy)

Orthopaedic Surgeon at St Marys Hospital, Kolar , India

December 2015 – July 2016

Evaluated patients in orthopedic surgery clinics, emergency rooms, intensive care units, and operating rooms.

I Was in charge of creating treatment plans for patients.

Assessed patients thoroughly to determine their medical condition and surgical risk.

Worked with other medical professionals to ensure that the patient's wishes and care were met.

Education

MBBS , September 2001 – October 2006

St. John's Medical College , Bengaluru , India

Diploma in Orthopaedics , August 2012 – August 2014

Father Muller Medical College , Mangaluru, India

DNB (Ortho) , August 2016 – July 2018

Hosmat Hospital , Bengaluru, India

Areas of Expertise

- Strong Communication Skills
Managing trauma, long bone fractures, open and closed wounds/fractures, polytrauma. Perform trauma-related surgeries independently. Perform basic joint replacements and arthroscopic surgeries.
- Best Medicine Practices
- Diagnosis and Treatment

Affiliations

Fellowship in Arthroplasty – Healthcity Cayman Islands – December 2020 – December 2021

Fellowship in Arthroscopy and shoulder surgery – Healthcity Cayman Islands – December 2021 – December 2022

