

Dr. Sheeba Malik

Doctor (GP)

Contact

Address

Srinagar, Jammu And
Kashmir, India, 190018

Phone

+919149916102

E-mail

maliksheeba1@gmail.com

Skills

Internal medicine

Excellent

Clinical research

Good

Diagnosis and prognosis

Very Good

Health Risk Assessments

Good

Interdisciplinary team coordination

Excellent

Diagnostics

Very Good

Languages

English

Well-qualified Physician with extensive training in Internal medicine. Excellent assessment, examination and intake skills. Develops customized treatment plans to address both symptoms and underlying causes of diverse conditions.

Enthusiastic doctor eager to contribute to team success through hard work, attention to detail and excellent organizational skills. Clear understanding of Diagnostics and Research . Exceptional training in Cardiology & Endocrinology . Motivated to learn, grow and excel in Research.

Outgoing professional with over 2 years of experience treating patients with chronic conditions, including cardiovascular conditions . Highly knowledgeable in Pharmacology and drugs, especially in Hypertensive cardiovascular diseases and Endocrine disorders

Diagnose disease causes, symptoms and likely progression based on patient histories, examinations and diagnostic testing. Diligent about addressing every need with conscientious and detail-oriented approach.

Work History

2019-05 -

Current

Resident

*Sher-i-Kashmir Institute Of Medical Sciences , Srinagar ,
Jammu And Kashmir, India*

- Prescribed treatments, including proper calculation of pharmaceutical dosage and timing.
- Ordered and executed diagnostic tests and analyzed diagnostic images to further investigate patient conditions.
- Established collaborative and constructive relationships with patients and families by effectively and sympathetically discussing serious, sensitive and difficult topics.
- Anticipated patients' needs, conducted discharge planning and created individualized disease management and prevention plans, including patient self-management and behavior change.
- Participated in numerous assigned educational activities, including conferences, rotations, period testing and advisor meetings.
- Performed rounds two times per day to discuss patient care plans, review diagnostic studies,

Excellent

Urdu

Very Good

Kashmiri

Excellent

German

Basic

communicate with patients and discuss medication lists.

- Assessed patient needs for specialty referrals, diagnostic and in-patient care.
- Integrated findings from history and physical examinations into reasonably ordered differential diagnoses.
- Teamed with other physicians, specialists and health care providers to provide well-rounded care for complex cases.
- Performed initial and ongoing assessments of patients' medical, physical and psychosocial status.
- Thoroughly examined patients and elicited medical history data to use in assessing health and identifying conditions.
- Devised treatment plans for disorders involving cardiovascular, endocrine and other internal systems.

Education

2012-08 -
2018-02

MBBS: Medicine And Surgery

*Bharati Vidyapeeth Medical College And Hospital -
Pune, Maharashtra, India*

Additional Information

A research proposal about cardiovascular diseases in
Diabetes : Framing a clinical diagnostic calculator

Interests

Reading fiction.

Debatics

Collecting vintage

Volunteer work about social menaces