

RESHMA K

Panavalli House

Mozhipulam

Thirunellai (P.O) Palakkad 678004

Kerala

**MOBILE NO:** 9739148764, 8289862464**E mail ID :** reshmak2096pkd@gmail.com

OBJECTIVE: To pursue a challenging career and be a part of progressive organization that gives a scope to enhance my knowledge and utilizing my skills towards the growth of the organization.

ACADEMIC DETAILS:

Qualification	University/Board	Institute	Year of Passing	Percentage
MSW	Bangalore University	Kristu Jayanti College, Bangalore	2018	70%
BA Language & Literature	Calicut University	Yuvakshetra Institute of Management Studies, Palakkad, Kerala	2016	73%
12 th Std	State Board of Kerala	Jayamatha College for Womens	2013	62%
10 th Std	State Board of Kerala	Puliyaparamba Higher Secondary School	2011	60%

TECHNICAL SKILLS:

- MS Office
- Tally
- CDCS

PERSONAL SKILLS:

- Psycho Socio-economic assessment
- Psycho Education
- Preliminary assessment
- Counselling
- Grief Counselling
- Crisis Intervention
- Communication skill and listening skill

PERSONAL STRENGTH:

- Systematic and responsible

EXPERIENCE:

Field Work		
Sl.No	Agencies	Period
1	Dream India Network (Children's)	25 Days
2	Sangama (Trans gender's)	25 Days
3	KIDWAI Memorial Institute Of Oncology	25 Days
4	St. John's Medical College Hospital	25 Days
5	Sri Ramachandra Medical Centre	30 Days
Internship		
1	Navajeevan Trust	25 Days

PROFESSIONAL EXPERIENCE

ST. JOHN'S MEDICAL COLLEGE HOSPITAL (2 Years)

- My experience at St. John's hospital helped me to improve my Leadership skill, Communication skill, Psycho education, Documentation skill.
- Provide Counselling (Grief Counselling, Rehabilitation Counselling, and Crisis Intervention) to patients, families and caregivers with an emphasis on discharge planning, empowerment and solution focussed therapy.
- Collaboration with other Professionals such as Doctors, Nurses, Rehabilitation services, other social workers, outside facilities, etc.... to provide the best care to patients and their caregivers

MIOT INTERNATIONAL HOSPITAL (8 Months)

- Contact the TPA's for health talk
- Get the confirmation mail from the company about the TOPIC, DATE, TIME
- Meet doctor and get doctors profile and PPT for Health talk to distribute to the employees
- Follow-up
- Coordinate with the patient to get Telemedicine with professional doctors
- Playing the role of TPA in hospital

RURAL CAMP: A 10 day social work camp at Siddanahalli village, Kolar District, Karnataka

PROJECT WORK

- Detailed analysis on Shashi Deshpande "The Binding Vine", 2016.
- "Care givers of cancer patients: An analysis in KIDWAI Hospital", 2018.

ACTIVE PARTICIPATION

- 2017 – "Human Right Defenders" organized by BIRDS in collaboration with IARF Human Right Resource Center
- 2017 – Participated in National Conference on "Criminology and Correctional service administration: Problem and Prospects"
- 2018 - Participated in National Conference on "Green Social Work"

PERSONAL DETAILS

Name	:	Reshma K.
Father's Name	:	T. Kannanunni
DOB	:	20/05/1996
Marital Status	:	Married
Nationality	:	Indian
Mother Tongue	:	Malayalam
Language known	:	English, Tamil, Malayalam, Kannada, Hindi

DECLARATION

I hereby declare the above mentioned particulars are true and to the best of my knowledge and in the event of any information being false or incorrect; my candidature is liable to be cancelled.

Reshma k

Reference

1. Dr. Jonas Richard A, Head, Department of Social Work, Kristu jayanti college (autonomous) K.Narayanapura, kothanur PO Bangalore – 56007
Phone: 9448532577 Mail id: jonasrichard@kristujayant.com
2. Ms. Anveera Mendonca , Clinical Social work counsellor, St. John's Medical College Hospital, Bengaluru, 9620113575 Mail id: anviramendonca@gmail.com